

Clinton County 708 Mental Health Annual Report FY 2024



It is the mission of the Clinton County 708 Mental Health Board to make available and accessible a broad spectrum of mental health services to the residents of Clinton County.

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Dennis Perez

Chairperson

Dennis is a lifelong resident and 30-year law enforcement professional of Clinton County. He resides in Carlyle with his wife, Stacie, and his daughter, Kynlee. Dennis began his career as a part-time correctional deputy with the Clinton County Sheriff's Office in May, 1994 and was hired full-time in July, 1998. He currently serves as the acting chief deputy for Sheriff Dan Travous. Dennis was one of the first officers in Clinton County to be trained in Crisis Intervention. He has also served as patrol sergeant, K-9 handler, critical incident response team member, ILEAS Mobile Force member and field training officer. He currently serves as president of the Carlyle Community Unit #1 School Board, a law enforcement advisor for Clinton County Crime Stoppers, a member of the Kaskaskia College Paramedicine Advisory Board, a member of the Southern Illinois Police Chiefs Association (SIPCA), a volunteer firefighter for the Hoffman Fire Protection District and a volunteer youth softball and basketball coach in Carlyle. Dennis was appointed to the Clinton County 708 Board in 2021 and elected president of the board in 2022.

Lucy Schrage, LCPC

Vice Chairperson

Lucy earned a BFA in Studio Art & Art Therapy, coupled with a Psychology major from Millikin University in 1996. She enjoyed working alongside her first mentor at Dove (domestic violence shelter for women & children) providing art therapy & developed a support group for adults coping with terminal AIDS/HIV diagnoses.

She continued at University of Louisville in KY with a Master's degree in Expressive Art Therapy completed in 1998, with a specialization in Grief & Trauma. During that time, she provided clinical services in residential mental health facilities such as Caritas Peace Hospital, and provided art therapy & research in Pediatric Chronic Illness and Mental Health, specifically Juvenile Rheumatoid Arthritis & Cystic Fibrosis, at Kosair Children's Hospital. Granted the privilege to teach the clinical lab class in the Expressive Art Therapy program. She earned Outstanding Student for the School of Allied Health at UofL.

Lucy's post graduate studies continued through SIU-E. Following professional schooling, she became the Clinical Program Coordinator and Art Therapist at the Saint Louis Crisis Nursery, a temporary shelter for children birth to 13 years old & outreach provider for families in crisis. She developed Art Therapy programming and provided clinical therapeutic services as well as guidance, training, & supervision of all staff. She supervised 24/7 Crisis Phone Line, intakes/discharges, and all clinical services and became a member of the treatment team in 1998 until 2006, when she became Clinical Consultant, a role she continues today.

Lucy also developed the Art Therapy program in the Alton School District for the Middle Schools & High School Special Education Inclusive SED Students, from 1999 to 2006. She created Creative Solutions Counseling private practice in Breese to serve individuals across the life span & families for various Behavioral Health needs. She continues

to provide Clinical Consultation & Clinical Training in a variety of aspects of Behavioral Health.

Lucy is the mother of 3 awesome humans; Maggie 21, Zane 19, & Wyatt 15.

Jaime Becker, PMHNP

Secretary/Treasurer

Jaime brings an extensive medical and psychiatric background to the Clinton County 708 Board. Her passion in pediatric healthcare was fostered by a variety of educational and work experiences, having worked as a Staff RN at St. Louis Children's Hospital, to School Nursing, to a Primary Care Pediatric Nurse Practitioner with Dr. Morra at Right From The Start Pediatrics in Breese. It was during her 10 years in Primary Care that her true love of pediatric mental health blossomed, having seen the psychiatric needs for youth and families in Clinton County. Due to that need and passion about kids, she obtained further education and certifications, including a Post Master's Degree as a Psychiatric Mental Health Nurse Practitioner.

Currently, Jaime owns her own practice, Be The Light Consulting, and contracts with Counselors Associates in Troy, IL and Heart to Heart Pediatrics in Waterloo, IL. As a dual certified Pediatric/Psychiatric Nurse Practitioner, her role includes diagnosis and management of pediatric mental health disorders for children and teens, including, Anxiety, Depression, Attention Deficit Hyperactivity Disorder (ADHD), and various Mood Disorders. She resides in Bartelso with her husband, Jason, and their three sons Connor, Griffen, and Jackson.

Jaime's education and licensure includes: Pediatric Mental Health Nurse Practitioner- Board Certified (PMHNP-BC); Certified Pediatric Nurse Practitioner, Primary Care (CPNP-PC); Pediatric Mental Health Specialist (PMHS); Post-Master's Certification; Pediatric Mental Health Nurse Practitioner, Maryville University; Masters in Nursing; Pediatric Nurse Practitioner, St. Louis University; Masters in Arts, Health Studies/Health Promotion, University of Alabama; Bachelors in Nursing, McKendree University; Associates in Nursing, Kaskaskia College.

Dawn Kleber, LCPC

Member

Dawn is a lifelong Clinton County resident. She currently works in the Senior Renewal Department at HSHS St. Joseph's Hospital in Breese as an Outpatient Behavioral Health Counselor. She has been with St. Joseph's since 2008 and before that, she worked at Jefferson County Comprehensive Services as an Addictions Counselor. She is a certified Licensed Clinical Professional Counselor (LCPC) and a Certified Addictions Drug Counselor (CADC). She attended Mater Dei Catholic High School and from there, started college at Kaskaskia College, where she obtained an Associate in Arts Degree. After graduating Kaskaskia College, she attended Southern Illinois University Edwardsville, where she graduated with her Bachelor's of Science Degree. She then attended Southern Illinois University Carbondale, where she received her Master's of Science Degree in Rehabilitation Counseling. Dawn has been on the Clinton County 708 Board for five years and in her time,

she has served as both president and vice-president. Dawn continues to serve as an active board member.

Dustin Foutch, PhD

Member

Dustin has been an educator for 24 years and currently serves as the superintendent at Central Community High School in Breese. He has been married to his wife, April, for 22 years, and they have two daughters; Adison, 20, and Grace, 18. Dustin holds a Bachelors degree in Biology from Mckendree University, a Masters degree in Education Administration from Eastern Illinois University, and Doctoral degree in Educational Leadership from Southern Illinois University - Edwardsville.

Prior to becoming the superintendent at Central, Dustin was a high school science teacher and coach. He also served as a principal for 13 years at both the middle school and high school level.

Shelley Kenow

Member

Shelley has coached and consulted with hundreds of parents in one-on-one situations to improve outcomes at Individualized Education Program (IEP) meetings, improve the mental health of themselves and their child who is neurodivergent and prepare them for further education, employment and independent living.

Shelley has designed and presented workshops to thousands of parents, teachers, administrators, interventionists, financial planners, therapists, medical professionals and mental health providers from across the United States on topics of understanding behaviors, special education paperwork, cognitive bias in the workplace and home, and special education implementation.

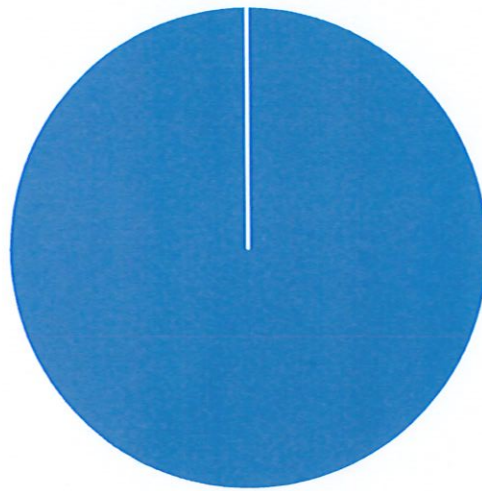
Shelley authored and published *Those Who "Can't" Teach. True Stories of Special Needs Families*, to promote Acceptance, Inclusion and Empathy. She was the Alignable Local Business Person of the Year for 2024.

Shelley completed the Master IEP Coach® Mentorship in 2019 and remains an active member of the Master IEP Coach® Network. She currently serves as a consultant for the Juvenile Redeploy Program serving the 4th Judicial Circuit, is the coordinator for the Mental Health Awareness Walk in Albers every year, is a Birth to Five Policy Council Member, served as an Early Head Start policy council member for 5 years, Illinois Council for Exceptional Children Region 5 Director and served Clinton County Schools for over 25 years as a special educator. She holds a Bachelor of Science degree from Southern Illinois University Edwardsville, where she was member of the Phi Kappa Phi International Honor Society.

Holly Clark, Bruce Rapien and Greg Riechman are members of the Clinton County Board who have served and/or will be serving on the Clinton County 708 Board as well.

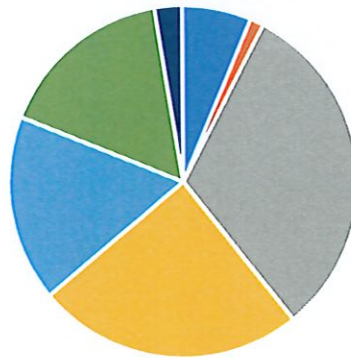
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Income \$434,575



■ December 1, 2023 - November 30, 2024

Expenses \$405,535



■ Clinton County Health Department ■ Take Action Coalition
■ Community Link ■ Community Resource Center
■ Coping 4 Life ■ SAFE
■ Contingency

*Unaudited

Community Mental Health 708 Board

Strategic Plan

One year goals=Money,communication,and accountability

Continue oversight of monies allocated to community organizations to ensure appropriate and adequate treatment of mental health needs as described in the specific program goals for each organization receiving financial support.

Develop and implement a system of accountability for the agencies and programs receiving financial support. Open communication, including in person engagements, between various valuable networks such as health service providers, area school personnel,KSED, law enforcement, churches, AA/NA/Al Anon Communities, community leadership entities, etc in regard to this system of accountability.

Consult with residents, schools, law enforcement, and health service providers throughout Clinton county to obtain mental health needs information in order to better serve residents of this county.

Review and evaluate services within the county to ensure that both prevention, treatment, and advocacy are available to all, promoted,and utilized for Clinton County residents.

Increase communication and coordination with the County Board as to the workings of the 708 Mental Health Board.

Increase opportunities with Marketing the purpose, mission,workings, and developments of the 708 Board, providing for advertising to potential agencies. Marketing could include promotion of organizations currently receiving financial support.

Periodic review of three year plan to ensure that there is progression towards goals being met.

Three year goals = Resourcing, coordination, and advocacy

improve engagement and interactive workings of the 708 Board to better serve the mental health and substance abuse/dependence needs within the county.

Increase awareness of the 708 Mental Health Board to the community, as well as identify and coordinate with other organizations and mental health partners within the county for coordination and development of improved outcomes.

Gather resources at large. Increase awareness of and connection between the various mental health resources in Clinton County. Coordinate services to improve access to mental health care providers.

Further identify gaps in Mental Health care (services and resources) throughout the County. Work toward providing more comprehensive mental health care; psychiatric services, psychological services, substance abuse and disease, pediatric and parenting counseling, developmental disorders, and intellectual disorders. Promote support for a variety of services of support as related to behavioral health, such as bilingual education and support, nutrition services, and health and exercise resources.

Target mental illness disease prevention, specifically in children.

Support the development of locally provided 24/7 resource and crisis line, such as "211."

Coordinate with community organizations to further educate residents of Clinton County and promote resources available.

Five year goals = Prevention and Comprehensive care and inclusion

Support development and training within the area schools to provide the COPE program for pediatric mental health wellness and other preventative programming.

Support development and training of the COPE program for pediatric mental health wellness within the Clinton County Health Department.

Support development of parenting workshops for the community at large, as an interagency initiative to include schools, healthcare providers, law enforcement, and the like.

Updated 12/2024